# Extra Curricular Sports Clubs Timetable
## Winter Term (2019)

<table>
<thead>
<tr>
<th></th>
<th>Lunch Time</th>
<th>After School</th>
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</thead>
<tbody>
<tr>
<td><strong>Day</strong></td>
<td><strong>(12:30 – 1:10pm)</strong></td>
<td><strong>(3:15 – 4:30pm)</strong></td>
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</tbody>
</table>
| **Monday** | Football: Year 7 – 9 Girls Training (Astro) | Hockey: Year 7 - 13 Training (Astro)  
Rugby: Year 7 – Senior XV Training (Astro & Field)  
Volleyball: Year 7 – 13 Training (Gym) |
| **Tuesday** | Football: Year 7 & 8 Boys Training (Astro) | Netball: Year 7 - 13 Training (Sports Hall; Courts) Fixtures |
| **Wednesday** | Football: Year 9 & 10 Boys Training (Astro)  
Rugby: 1st XV Training / Fixtures (Field)  
Gymnastics: Year 7-10 Boys Open Club (Gym) | Gymnastics: Competitive Squad Training (Gym)  
Netball: Sixth Form Enrichment Fixtures Fixtures |
| **Thursday** | Football: Year 11 & Senior Training (Astro)  
Gymnastics: Year 7-10 Girls Open Club (Gym) | Gymnastics: Competitive Squad Training (Gym) Fixtures |
| **Friday** | Basketball: Year 7 - 11 Club (Sports Hall) | Fixtures |

**All Training / Clubs:** Change in the Sports Hall changing area for all sports clubs. Clubs will start as early as possible, so please be on time to maximise the quality of training. This may mean bringing a packed lunch to eat at the beginning / end of training.

**Rugby Training:** Please bring boots & trainers to all training sessions (in the event of poor weather preventing the use of the field).